

## RESULTAT

**Lag-SM kval 2016-05-14**

Enskede IP

Hammarby IF

Uppdaterad: 2016-05-14 20:30

**M 100m**

| Final                     | 0,1                 | 14 maj |
|---------------------------|---------------------|--------|
| 1 Henrik Larsson          | 99 IF Göta Karlstad | 10.83  |
| 2 Jean Christian Zirignon | 95 Hammarby IF      | 11.00  |
| 3 Lukas Nordén            | 98 Västerås FK      | 11.22  |
| 4 Oskar Motta             | 98 Upsala IF        | 11.40  |
| 5 Sebastian Landström     | 94 IFK Lidingö      | 11.71  |
| 6 Lukas Sällström         | 02 IFK Umeå         | 12.31  |

**M 200m**

|                       | 1,1                 | 14 maj |
|-----------------------|---------------------|--------|
| 1 Jacob Ewertzh       | 95 Hammarby IF      | 21.67  |
| 2 Henrik Larsson      | 99 IF Göta Karlstad | 21.85  |
| 3 Lukas Nordén        | 98 Västerås FK      | 22.53  |
| 4 Oskar Motta         | 98 Upsala IF        | 23.11  |
| 5 Sebastian Landström | 94 IFK Lidingö      | 23.20  |
| 6 Andreas Rosén       | 92 IFK Umeå         | 24.01  |

**M 400m**

| Final              |                     | 14 maj |
|--------------------|---------------------|--------|
| 1 Andreas Movin    | 96 IFK Lidingö      | 49.79  |
| 2 Kristian Erfemov | 90 Hammarby IF      | 49.90  |
| 3 Arvid Gustafsson | 99 Upsala IF        | 50.77  |
| 4 Markus Johansson | 90 IFK Umeå         | 50.80  |
| 5 Mikael Giraldi   | 99 Västerås FK      | 51.35  |
| 6 Simon Trogen     | 97 IF Göta Karlstad | 54.57  |

**M 800m**

| Final              |                     | 14 maj  |         |
|--------------------|---------------------|---------|---------|
| 1 Björn Seifert    | 96 Upsala IF        | 2:01.10 | 1:03.36 |
| 2 Christoffer Ahl  | 98 Hammarby IF      | 2:02.21 | 1:03.53 |
| 3 Axel Alnäs Borg  | 98 IFK Lidingö      | 2:04.33 | 1:03.73 |
| 4 Pontus Hagman    | 97 Västerås FK      | 2:05.92 | 1:03.03 |
| 5 Wilhelm Olofsson | 00 IFK Umeå         | 2:06.15 | 1:04.10 |
| 6 Simon Ottenfalk  | 97 IF Göta Karlstad | 2:22.70 | 1:07.24 |

**M 1500m**

| Final                     |                     | 14 maj  |
|---------------------------|---------------------|---------|
| 1 Erik Lagerlöf           | 97 IFK Lidingö      | 4:18.31 |
| 2 Björn Seifert           | 96 Upsala IF        | 4:18.46 |
| 3 Abdullahi Adam          | 98 Hammarby IF      | 4:19.90 |
| 4 Joakim Frisk            | 90 Västerås FK      | 4:20.06 |
| 5 Wilhelm Olofsson        | 00 IFK Umeå         | 4:34.42 |
| 6 Shire Abdullahi Abdulle | 98 IF Göta Karlstad | 5:05.62 |

**M 5000m****Final**

14 maj

|                      |                     |          |         |
|----------------------|---------------------|----------|---------|
| 1 Jonathan Alveus    | 90 Upsala IF        | 15:50.76 | 9:37.48 |
| 2 André Rangelind    | 91 IF Göta Karlstad | 15:53.57 | 9:37.37 |
| 3 Patrick Wikström   | 92 IFK Umeå         | 15:57.46 | 9:37.81 |
| 4 Michael Alemahoy   | 92 Hammarby IF      | 16:00.10 | 9:37.09 |
| 5 Mohammed Loukill   | 96 IFK Lidingö      | 16:12.29 | 9:37.57 |
| 6 Christoffer Hagman | 97 Västerås FK      | 17:02.83 | 9:53.13 |

**M 3000m hinder****Final**

14 maj

|                   |                     |          |
|-------------------|---------------------|----------|
| 1 Simon Sundström | 98 IFK Lidingö      | 9:35.32  |
| 2 Jonas Carrass   | 91 Västerås FK      | 9:59.16  |
| 3 Johan Lindberg  | 80 Upsala IF        | 9:59.84  |
| 4 Elias Dahl      | 76 Hammarby IF      | 10:21.48 |
| 5 Niclas Wassberg | 91 IF Göta Karlstad | 10:34.59 |
| 6 Oskar Bäckström | 97 IFK Umeå         | 11:54.27 |

**M Häck 110m****107 cm****Final**

0,6

14 maj

|                    |                     |       |
|--------------------|---------------------|-------|
| 1 Rafael Askros    | 81 IFK Lidingö      | 14.98 |
| 2 Linus Otto Boyer | 95 Upsala IF        | 15.25 |
| 3 Rickard Willman  | 94 Västerås FK      | 15.64 |
| 4 Filip Ottosson   | 97 IFK Umeå         | 17.93 |
| 5 Rasmus Nim       | 89 IF Göta Karlstad | 19.17 |
| 6 Felix Prins      | 00 Hammarby IF      | 19.67 |

**M Häck 400m****91 cm**

14 maj

|                     |                     |       |
|---------------------|---------------------|-------|
| 1 Isak Andersson    | 96 Upsala IF        | 53.86 |
| 2 Kristian Erfemov  | 90 Hammarby IF      | 55.76 |
| 3 Mathieu Nilsson   | 96 IF Göta Karlstad | 55.94 |
| 4 Markus Johansson  | 90 IFK Umeå         | 56.85 |
| 5 Fredrik Lorentzon | 97 IFK Lidingö      | 58.81 |
| 6 Henrik Astfors    | 87 Västerås FK      | 60.21 |

**M Höjd**

14 maj

|                     |                     |     |
|---------------------|---------------------|-----|
| 1 Mehdi Katib       | 87 Hammarby IF      | 209 |
| 2 Oskar Lundqvist   | 97 Upsala IF        | 206 |
| 3 Adam Lindhe       | 94 IFK Lidingö      | 203 |
| 4 Markus Asplund    | 98 IF Göta Karlstad | 187 |
| 5 Jakob Lillberg    | 92 Västerås FK      | 182 |
| 6 Magnus Rosenqvist | 88 IFK Umeå         | 150 |

|              | 140 | 150 | 165 | 175 | 182 | 187 | 192 | 196 | 200 | 203 | 206 | 209   |
|--------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-------|
| J.Lillberg   | -   | -   | o   | o   | xo  | xxx |     |     |     |     |     |       |
| O.Lundqvist  | -   | -   | -   | -   | -   | -   | o   | o   | o   | xxo | xo  | xxx   |
| M.Rosenqvist | o   | xxo | xxx |     |     |     |     |     |     |     |     |       |
| A.Lindhe     | -   | -   | -   | -   | -   | -   | o   | o   | o   | xo  | xxx |       |
| M.Asplund    | -   | -   | -   | o   | xo  | o   | xxx |     |     |     |     |       |
| M.Katib      | -   | -   | -   | -   | -   | -   | -   | o   | -   | o   | o   | xxo - |

**M Stav**

14 maj

|                   |                     |     |
|-------------------|---------------------|-----|
| 1 Martin Forsberg | 99 Hammarby IF      | 380 |
| 1 Anton Sjöström  | 97 IFK Umeå         | 380 |
| 3 Rasmus Nim      | 89 IF Göta Karlstad | 380 |
| 4 Rickard Willman | 94 Västerås FK      | 360 |
| 5 Linus Boyer     | 95 Upsala IF        | 340 |
| 5 Albin Andersson | 00 IFK Lidingö      | 340 |

220 260 290 320 340 360 380 400 416 431

|             |   |   |   |   |    |     |    |     |
|-------------|---|---|---|---|----|-----|----|-----|
| A.Sjöström  | - | - | - | - | o  | o   | o  | xxx |
| R.Nim       | - | - | - | - | o  | xo  | o  | xxx |
| M.Forsberg  | - | - | - | - | -  | o   | o  | xxx |
| L.Boyer     | - | o | o | o | xo | xxx |    |     |
| R.Willman   | o | o | o | o | xo | xo  | x- |     |
| A.Andersson | - | - | o | o | xo | xxx |    |     |

**M Längd**

14 maj

|                      |                     |      |
|----------------------|---------------------|------|
| 1 Patric Hjort       | 93 Västerås FK      | 7,12 |
| 2 Max Andersson      | 95 Upsala IF        | 6,90 |
| 3 Victor Pettersson  | 97 IF Göta Karlstad | 6,44 |
| 4 Daniel Langman     | 99 IFK Lidingö      | 6,28 |
| 5 Oumar Thiam        | 91 Hammarby IF      | 4,92 |
| 6 Arthur Kanakaanpää | 82 IFK Umeå         | 1,90 |

|               | 1         | 2        | 3        | 4         | 5         | 6         |
|---------------|-----------|----------|----------|-----------|-----------|-----------|
| O.Thiam       | X 0,0     | X +1,1   | X -0,4   | X +1,2    | 4,92 -0,8 | X +1,3    |
| P.Hjort       | 6,95 +0,4 | 6,67 0,0 | 6,72 0,0 | 6,75 0,0  | 6,78 +0,5 | 7,12 0,0  |
| D.Langman     | 5,85 0,0  | 5,55 0,0 | X -1,9   | 6,28 +1,4 | X -0,1    | X +1,1    |
| V.Pettersson  | X +1,2    | X -0,3   | X 0,0    | 6,28 0,0  | 6,44 -0,1 | 6,32 +1,6 |
| A.Kanakaanpää | 1,90 +0,4 | -        | -        | -         | -         | -         |
| M.Andersson   | 6,58 +0,6 | 6,66 0,0 | -        | 6,90 +1,6 | X 0,0     | 6,80 +0,9 |

**M Tresteg**

14 maj

|                      |                     |       |
|----------------------|---------------------|-------|
| 1 Erik Ehrlin        | 90 Hammarby IF      | 15,69 |
| 2 Antonis Dinopoulos | 95 Upsala IF        | 14,43 |
| 3 Simon Karlén       | 94 IF Göta Karlstad | 14,24 |
| 4 Albin Boestad      | 97 IFK Lidingö      | 13,59 |
| 5 Anton Sjöström     | 97 IFK Umeå         | 11,72 |
| 6 Daniel Nordmark    | 93 Västerås FK      | 10,05 |

|              | 1          | 2          | 3          | 4          | 5          | 6          |
|--------------|------------|------------|------------|------------|------------|------------|
| A.Dinopoulos | 14,43 +1,1 | 14,26 0,0  | 14,26 0,0  | X +1,1     | -          | -          |
| E.Ehrlin     | X +1,6     | 15,69 +1,0 | X +2,4     | X +0,4     | -          | 13,85 +1,1 |
| S.Karlén     | 14,24 +1,2 | X +1,6     | -          | -          | -          | -          |
| A.Sjöström   | 11,13 +1,6 | 11,17 +1,0 | 10,98 +1,9 | 11,29 +2,1 | 11,33 +1,1 | 11,72 +1,2 |
| A.Boestad    | 13,54 +0,2 | X +0,7     | 13,21 +1,2 | 11,95 +1,7 | 11,69 +1,1 | 13,59 +0,1 |
| D.Nordmark   | 9,42 +1,0  | 10,05 0,0  | X +1,1     | -          | -          | -          |

**M Kula****7.26 kg**

14 maj

|                          |                     |       |
|--------------------------|---------------------|-------|
| 1 Tim Wunger             | 94 Upsala IF        | 14,99 |
| 2 William Ullberg        | 96 IFK Umeå         | 14,20 |
| 3 Matthew Brown          | 80 Hammarby IF      | 12,11 |
| 4 Felix Siljebäck Larsen | 89 IF Göta Karlstad | 11,68 |
| 5 Erik Hermelin          | 96 IFK Lidingö      | 10,46 |

## 6 Oscar Jacobsson 97 Västerås FK 7,37

|                      | 1     | 2     | 3     | 4     | 5     | 6     |
|----------------------|-------|-------|-------|-------|-------|-------|
| E.Hermelin           | 9,86  | 9,93  | X     | 10,46 | 10,40 | 10,07 |
| W.Ullberg            | 12,88 | 13,50 | X     | 14,20 | X     | 13,42 |
| T.Wunger             | 14,33 | 14,74 | 14,66 | 14,99 | X     | X     |
| O.Jacobsson          | 7,37  | -     | -     | -     | -     | -     |
| M.Brown              | X     | 10,81 | X     | 11,21 | 12,11 | 11,78 |
| F.Siljebäck<br>Larse | 10,44 | 11,68 | 11,37 | 11,27 | X     | 10,94 |

**M Diskus****2.0 kg**

14 maj

|                    |                     |       |
|--------------------|---------------------|-------|
| 1 Simon Pettersson | 94 Upsala IF        | 61,93 |
| 2 Matthew Brown    | 80 Hammarby IF      | 51,69 |
| 3 Andreas Grahn    | 92 Västerås FK      | 47,56 |
| 4 Tor Lindberg     | 95 IFK Umeå         | 42,04 |
| 5 Oscar Vestlund   | 94 IF Göta Karlstad | 42,02 |
| 6 Erik Hermelin    | 96 IFK Lidingö      | 29,88 |

|              | 1     | 2     | 3     | 4     | 5     | 6     |
|--------------|-------|-------|-------|-------|-------|-------|
| T.Lindberg   | 38,09 | 35,22 | X     | X     | X     | 42,04 |
| O.Vestlund   | X     | X     | 39,93 | X     | 41,43 | 42,02 |
| M.Brown      | 51,69 | 50,25 | 48,55 | 50,56 | 49,61 | 49,18 |
| S.Pettersson | 61,93 | X     | X     | X     | 57,82 | 60,25 |
| A.Grahn      | 45,98 | 47,56 | 46,55 | X     | 44,68 | 44,58 |
| E.Hermelin   | X     | X     | X     | X     | 28,87 | 29,88 |

**M Slägga****7.26 kg**

14 maj

|                      |                     |       |
|----------------------|---------------------|-------|
| 1 Oscar Vestlund     | 94 IF Göta Karlstad | 68,37 |
| 2 Alex Larsson       | 94 Upsala IF        | 54,90 |
| 3 Johannes Nilsson   | 98 Västerås FK      | 44,16 |
| 4 Tommy Kristiansson | 86 IFK Umeå         | 40,60 |
| 5 Carl Krüsell Berg  | 98 Hammarby IF      | 34,94 |
| 6 Jacob Krumlinde    | 99 IFK Lidingö      | 30,34 |

|                | 1     | 2     | 3     | 4     | 5     | 6     |
|----------------|-------|-------|-------|-------|-------|-------|
| O.Vestlund     | 67,13 | 66,98 | 68,37 | X     | X     | X     |
| J.Krumlinde    | X     | X     | X     | X     | X     | 30,34 |
| J.Nilsson      | X     | 44,16 | 41,44 | 43,33 | X     | 44,07 |
| C.Krüsell Berg | X     | 34,94 | X     | X     | X     | 33,55 |
| A.Larsson      | 54,90 | X     | X     | X     | 54,85 | X     |
| T.Kristiansson | 38,49 | X     | X     | 40,60 | 40,15 | X     |

**M Spjut****800 g**

14 maj

|                  |                     |       |
|------------------|---------------------|-------|
| 1 Axel Lönegren  | 94 Upsala IF        | 62,03 |
| 2 Jakob Eriksson | 98 IF Göta Karlstad | 59,29 |
| 3 Erik Olofsson  | 93 IFK Umeå         | 58,86 |
| 4 Tomas Lundberg | 95 IFK Lidingö      | 55,27 |
| 5 Björn Brink    | 91 Hammarby IF      | 54,27 |
| 6 Patric Hjort   | 93 Västerås FK      | 48,11 |

|         | 1     | 2     | 3     | 4     | 5     | 6     |
|---------|-------|-------|-------|-------|-------|-------|
| B.Brink | 50,12 | 49,66 | 49,40 | X     | 49,42 | 54,27 |
| P.Hjort | 48,11 | X     | 46,88 | 47,56 | 48,02 | X     |

|            |       |       |       |       |       |       |
|------------|-------|-------|-------|-------|-------|-------|
| T.Lundberg | 50,23 | 46,89 | 55,10 | 55,27 | 48,17 | 50,15 |
| J.Eriksson | 59,29 | 58,21 | 58,36 | 55,93 | 57,78 | 55,56 |
| E.Olofsson | 54,31 | 58,86 | X     | X     | 56,29 | 57,00 |
| A.Lönegren | 59,55 | 56,26 | 58,58 | X     | 62,03 | X     |

**M 4 x 100m**

|               |  |  |        |       |           |
|---------------|--|--|--------|-------|-----------|
| <b>Final</b>  |  |  | 14 maj |       |           |
| 1 Hammarby IF | Jonathan Wulff -94<br>Jean Christian Zirignon -95<br>Jakob Ewertzh -95<br>Desmond Rogo -96 |  |        | 42.52 |           |
| 2 Västerås FK | Lukas Nordén -98<br>Patric Hjort -93<br>Rickard Willman -94<br>Daniel Nordmark -93         |  |        | 43.74 |           |
| 3 Upsala IF   | Adam Ståhlberg -91<br>Julien Gabbert -87<br>Oskar Motta -98<br>Isak Andersson -86          |  |        | 43.79 |           |
| 4 IF Göta     | Markus Asplund -98<br>Felix Siljebäck -89<br>Victor Pettersson -97<br>Max Nero -98         |  |        | 45.01 |           |
| - IFK Umeå    | Lukas Sällström -02<br>Andreas Rosén -92<br>Magnus Rosenqvist -88<br>Filip Ottosson -97    |  |        | bröt  |           |
| - IFK Lidingö | Rafael Askros -81<br>Andreas Movin -96<br>Sebastian Landström -94<br>Tobias Månsson -98    |  |        | DQ    | tjuvstart |

**K 100m**

|                             |                |      |        |
|-----------------------------|----------------|------|--------|
| <b>Final</b>                |                | -0,1 | 14 maj |
| 1 Hanna Adriansson Nordberg | 92 IFK Lidingö |      | 12.01  |
| 2 Stina Gustavsson          | 01 Hammarby IF |      | 12.19  |
| 3 Moa Eklundh               | 01 KFUM Örebro |      | 12.56  |
| 4 Amanda Sundstedt          | 97 Västerås FK |      | 12.76  |
| 5 Linnéa Frobe              | 98 Täby IS     |      | 12.84  |
| 6 Emma Gällstedt            | 96 Gefle IF    |      | 12.85  |

**K 200m**

|                             |                |     |        |
|-----------------------------|----------------|-----|--------|
| <b>Final</b>                |                | 0,4 | 14 maj |
| 1 Hanna Adriansson Nordberg | 92 IFK Lidingö |     | 24.66  |
| 2 Stina Gustavsson          | 01 Hammarby IF |     | 25.03  |
| 3 Virva Rylander            | 00 Västerås FK |     | 25.41  |
| 4 Frida Hogstrand           | 93 Täby IS     |     | 25.57  |
| 5 Malin Andersson           | 97 Gefle IF    |     | 25.95  |
| 6 Anna Westher              | 97 KFUM Örebro |     | 27.43  |

**K 400m**

|                     |                |  |        |
|---------------------|----------------|--|--------|
| <b>Final</b>        |                |  | 14 maj |
| 1 Linda Frödin Glad | 93 IFK Lidingö |  | 57.97  |

|                   |                |       |
|-------------------|----------------|-------|
| 2 Ida Holm        | 93 Täby IS     | 58.88 |
| 3 Virva Rylander  | 00 Västerås FK | 60.21 |
| 4 Hanna Säfström  | 97 KFUM Örebro | 61.99 |
| 5 Maja Swang      | 98 Gefle IF    | 64.73 |
| 6 Ofelia Belkacen | 95 Hammarby IF | 69.23 |

**K 800m****Final**

14 maj

|                  |                |         |         |
|------------------|----------------|---------|---------|
| 1 Vilma Jonsson  | 94 IFK Lidingö | 2:15.57 | 1:08.55 |
| 2 Lovisa Linde   | 98 Täby IS     | 2:17.17 | 1:08.78 |
| 3 Hilda Lindberg | 01 Västerås FK | 2:22.59 | 1:09.35 |
| 4 Vera Gerendas  | 97 Hammarby IF | 2:24.78 | 1:09.11 |
| 5 Maja Hagelvik  | 00 KFUM Örebro | 2:37.44 | 1:11.59 |
| 6 Linda Skoglund | 98 Gefle IF    | 2:41.63 | 1:12.24 |

**K 1500m****Final**

14 maj

|                         |                |         |
|-------------------------|----------------|---------|
| 1 Erika Bergentz        | 73 KFUM Örebro | 4:55.12 |
| 2 Rebecka Öberg         | 92 IFK Lidingö | 4:57.53 |
| 3 Cornelia Alm          | 00 Täby IS     | 5:07.83 |
| 4 Hilda Lindberg        | 01 Västerås FK | 5:28.14 |
| 5 Ellen Westman Persson | 96 Hammarby IF | 5:31.44 |
| 6 Alexandra Bartée      | 95 Gefle IF    | 7:05.96 |

**K 5000m****Final**

14 maj

|                       |                |          |          |
|-----------------------|----------------|----------|----------|
| 1 Charlotte Schönbeck | 84 IFK Lidingö | 17:53.61 | 10:49.34 |
| 2 Nadja Strandberg    | 96 Västerås FK | 20:18.02 | 12:02.09 |
| 3 Fanny Jonsson       | 98 Hammarby IF | 21:12.80 | 12:26.59 |
| 4 Lisa Brorsson       | 99 KFUM Örebro | 21:44.41 | 13:02.70 |
| 5 Anna Berg           | 88 Täby IS     | 22:13.36 | 13:09.16 |
| 6 Marlene Skalk       | 65 Gefle IF    | 28:30.78 | 15:34.01 |

**K Hinder 2000m**

14 maj

|                   |                |          |
|-------------------|----------------|----------|
| 1 Mika Söderström | 99 IFK Lidingö | 7:02.32  |
| 2 Emilia Bentayeb | 00 Täby IS     | 7:40.50  |
| 3 Filippa Ramberg | 97 Hammarby IF | 8:45.00  |
| 4 Malin Lindblom  | 91 Gefle IF    | 8:53.52  |
| 5 Erika Drageryd  | 89 KFUM Örebro | 9:27.53  |
| -                 | Västerås FK    | ej start |

**K Häck 100m****84 cm****Final**

-1,1

14 maj

|                            |                |       |
|----------------------------|----------------|-------|
| 1 Malin Eriksson           | 91 KFUM Örebro | 14.17 |
| 2 Victoria Almerén Hansson | 99 Hammarby IF | 14.47 |
| 3 Linnéa Frobe             | 98 Täby IS     | 14.73 |
| 4 Emma Stenlöf             | 96 Västerås FK | 15.10 |
| 5 Josefin Havdelin         | 95 IFK Lidingö | 16.39 |
| 6 Veronika Nordin          | 97 Gefle IF    | 18.52 |

**K Häck 400m****76 cm**

14 maj

|                      |                |          |
|----------------------|----------------|----------|
| 1 Isabelle Eriksson  | 86 IFK Lidingö | 65.12    |
| 2 Helena Kolte       | 98 Täby IS     | 65.77    |
| 3 Ebba Löfholm       | 00 KFUM Örebro | 74.68    |
| 4 Linda Skoglund     | 98 Gefle IF    | 75.86    |
| 5 Elin Breig Lindell | 95 Hammarby IF | 103.58   |
| - Ewa Marcinkiewicz  | 93 Västerås FK | ej start |

## K Höjd

14 maj

|                      |                |     |
|----------------------|----------------|-----|
| 1 Bianca Salming     | 98 Täby IS     | 176 |
| 2 Linda Skantze      | 95 IFK Lidingö | 173 |
| 3 Caroline Andersson | 93 Gefle IF    | 173 |
| 4 Emma Stenlöf       | 96 Västerås FK | 163 |
| 5 Eunice Nilsson     | 98 KFUM Örebro | 154 |
| 6 Isa Hausmann       | 01 Hammarby IF | 140 |

|             | 120 | 130 | 140 | 147 | 154 | 159 | 163 | 167 | 170 | 173 | 176 | 180 |
|-------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| L.Skantze   | -   | -   | -   | -   | -   | -   | o   | o   | o   | o   | xxx |     |
| B.Salming   | -   | -   | -   | -   | o   | o   | o   | xxo | xxo | o   | o   | xxx |
| I.Hausmann  | -   | o   | o   | xxx |     |     |     |     |     |     |     |     |
| E.Stenlöf   | -   | -   | -   | -   | -   | o   | o   | xxx |     |     |     |     |
| C.Andersson | -   | -   | -   | -   | o   | o   | o   | xo  | xo  | o   | xxx |     |
| E.Nilsson   | -   | -   | -   | o   | xo  | xxx |     |     |     |     |     |     |

## K Stav

14 maj

|                            |                |     |
|----------------------------|----------------|-----|
| 1 Alexandra Bartee         | 95 Gefle IF    | 338 |
| 2 Alva Sundin              | 01 Täby IS     | 328 |
| 3 Fanny Fransson Bergetoft | 96 KFUM Örebro | 315 |
| 4 Tilda Kapell             | 01 Hammarby IF | 280 |
| 5 Louise Kvarnforth        | 98 Västerås FK | 260 |
| - Kristina Loboda          | 88 IFK Lidingö | X   |

|                   | 160 | 200 | 230 | 260 | 280 | 300 | 315 | 328 | 338 | 348 | 358 | 368 |
|-------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| T.Kapell          | -   | -   | -   | xxo | o   | xxx |     |     |     |     |     |     |
| A.Bartee          | -   | -   | -   | -   | xo  | o   | o   | xxo | o   | xxx |     |     |
| F.Fransson Berget | -   | -   | -   | -   | xo  | o   | o   | xxx |     |     |     |     |
| A.Sundin          | -   | -   | -   | -   | -   | o   | xxo | xxo | xxx |     |     |     |
| K.Loboda          | -   | -   | -   | -   | -   | xxx |     |     |     |     |     |     |
| L.Kvarnforth      | -   | -   | o   | o   | xxx |     |     |     |     |     |     |     |

## K Längd

14 maj

|                    |                |      |
|--------------------|----------------|------|
| 1 Malin Marmbrandt | 85 Västerås FK | 6,07 |
| 2 Jasmin Sabir     | 92 Hammarby IF | 5,76 |
| 3 Alice Eriksson   | 96 IFK Lidingö | 5,18 |
| 4 Louise Andersson | 99 Gefle IF    | 5,18 |
| 5 Emelie Eklund    | 00 Täby IS     | 5,09 |
| 6 Ingrid Holmqvist | 00 KFUM Örebro | 5,09 |

|             | 1         | 2         | 3         | 4         | 5         | 6         |
|-------------|-----------|-----------|-----------|-----------|-----------|-----------|
| I.Holmqvist | 5,09 +1,3 | 5,06 +0,3 | 5,06 +0,8 | X +0,4    | X 0,0     | 4,87 +0,9 |
| J.Sabir     | 5,48 +0,5 | 5,76 +1,7 | 5,39 +0,6 | 5,61 +0,9 | 5,61 +1,1 | X +0,1    |
| L.Andersson | 3,06 +1,6 | 5,18 +1,3 | 5,11 0,0  | 4,93 +1,6 | 5,07 -0,8 | 5,07 0,0  |
| A.Eriksson  | X +1,3    | 5,14 +2,8 | 5,18 0,0  | -         | 5,02 +0,2 | -         |
| E.Eklund    | 4,90 +1,5 | X +0,4    | X +1,3    | 5,09 +0,7 | 5,07 +2,0 | X +2,6    |

M.Marmbrandt 6,01 +1,9 5,82 -0,5 5,87 +0,2 X 0,0 6,07 0,0 5,78 0,0

## K Tresteg

14 maj

|                     |                |       |
|---------------------|----------------|-------|
| 1 Ewa Marcinkiewicz | 93 Västerås FK | 12,66 |
| 2 Jasmin Sabir      | 92 Hammarby IF | 12,57 |
| 3 Madeleine Nilsson | 91 Gefle IF    | 12,53 |
| 4 Alice Eriksson    | 96 IFK Lidingö | 11,75 |
| 5 Hanna Stenbeck    | 01 Täby IS     | 10,53 |

|                 | 1          | 2          | 3          | 4          | 5         | 6          |
|-----------------|------------|------------|------------|------------|-----------|------------|
| H.Stenbeck      | 10,53 +0,8 | 10,03 +1,2 | 10,21 +1,2 | 9,99 -0,3  | X -0,8    | 10,48 +1,2 |
| M.Nilsson       | 12,23 0,0  | X +1,8     | 12,47 +1,0 | 12,27 -0,3 | 12,19 0,0 | 12,53 +0,8 |
| J.Sabir         | X 0,0      | X +2,2     | 12,33 +0,2 | 12,06 0,0  | 12,57 0,0 | 12,09 -1,8 |
| E.Marcinkiewicz | 12,30 +1,5 | 12,66 +3,1 | X +1,4     | -          | X 0,0     | X 0,0      |
| A.Eriksson      | X +1,3     | 11,75 +0,2 | 11,57 +0,2 | 11,27 0,0  | -         | X +1,9     |

## K Kula

4.0 kg

14 maj

|                     |                |       |
|---------------------|----------------|-------|
| 1 Bianca Salming    | 98 Täby IS     | 12,60 |
| 2 Isabelle Eriksson | 86 IFK Lidingö | 12,57 |
| 3 Jennie Söderholm  | 93 Västerås FK | 12,49 |
| 4 Johanna Edvall    | 00 Gefle IF    | 12,21 |
| 5 Amanda Lejros     | 99 KFUM Örebro | 11,72 |
| 6 Felicia Lindberg  | 97 Hammarby IF | 11,31 |

|             | 1     | 2     | 3     | 4     | 5     | 6     |
|-------------|-------|-------|-------|-------|-------|-------|
| J.Söderholm | 11,52 | X     | 11,55 | 12,49 | 12,06 | 12,29 |
| F.Lindberg  | 10,40 | X     | 11,31 | -     | 11,14 | 10,60 |
| B.Salming   | 11,84 | X     | 12,03 | 12,51 | 12,60 | X     |
| I.Eriksson  | X     | 11,40 | 12,57 | 11,83 | 11,87 | 12,42 |
| A.Lejros    | X     | X     | 11,47 | X     | X     | 11,72 |
| J.Edvall    | 11,10 | 12,21 | X     | X     | 11,92 | X     |

## K Diskus

1.0 kg

14 maj

|                  |                |       |
|------------------|----------------|-------|
| 1 Lena Björk     | 76 IFK Lidingö | 41,86 |
| 2 Nina Björkman  | 98 Västerås FK | 39,75 |
| 3 Maria Olsson   | 96 Gefle IF    | 30,95 |
| 4 Emily Berghäll | 98 Hammarby IF | 30,01 |
| 5 Amanda Lejros  | 99 KFUM Örebro | 29,34 |
| 6 Renée Dahlbäck | 69 Täby IS     | 16,40 |

|            | 1     | 2     | 3     | 4     | 5     | 6     |
|------------|-------|-------|-------|-------|-------|-------|
| E.Berghäll | 16,81 | X     | X     | 27,81 | 27,90 | 30,01 |
| M.Olsson   | 30,83 | 29,99 | 30,05 | X     | 30,95 | 28,92 |
| A.Lejros   | X     | X     | X     | X     | X     | 29,34 |
| R.Dahlbäck | X     | 15,33 | X     | 14,06 | 16,34 | 16,40 |
| L.Björk    | 3,74  | 39,58 | 38,74 | 38,96 | 41,86 | X     |
| N.Björkman | 38,77 | 39,75 | X     | 38,12 | X     | X     |

## K Slägga

4.0 kg

14 maj

|                       |                |       |
|-----------------------|----------------|-------|
| 1 Grete Ahlberg       | 98 Hammarby IF | 56,78 |
| 2 Michaela Norrbelius | 97 Gefle IF    | 51,68 |



|                     |                |       |
|---------------------|----------------|-------|
| 3 Madelen Fahlstedt | 84 IFK Lidingö | 46,33 |
| 4 Anna Götberg      | 01 Västerås FK | 39,82 |
| 5 Tilde All         | 99 Täby IS     | 39,18 |
| 6 Alice Nilsson     | 00 KFUM Örebro | 35,58 |

|              | 1     | 2     | 3     | 4     | 5     | 6     |
|--------------|-------|-------|-------|-------|-------|-------|
| M.Norrbelius | X     | 48,43 | X     | 49,68 | 50,69 | 51,68 |
| A.Götberg    | 39,23 | X     | 39,82 | X     | X     | X     |
| M.Fahlstedt  | 4,39  | X     | 45,94 | 45,88 | X     | 46,33 |
| A.Nilsson    | 34,95 | X     | 35,58 | X     | X     | -     |
| T.All        | 39,18 | 38,29 | 38,76 | 35,79 | X     | 36,98 |
| G.Ahlberg    | X     | X     | X     | 56,78 | 53,96 | 54,60 |

**K Spjut****600 g**

14 maj

|                      |                |       |
|----------------------|----------------|-------|
| 1 Sofi Flink         | 95 Västerås FK | 54,41 |
| 2 Lovisa Linde       | 98 Täby IS     | 39,62 |
| 3 Maria Olsson       | 96 Gefle IF    | 37,69 |
| 4 Felicia Lindberg   | 97 Hammarby IF | 36,04 |
| 5 Madeleine Eriksson | 93 IFK Lidingö | 31,72 |
| 6 Eunice Nilsson     | 98 KFUM Örebro | 27,69 |

|            | 1     | 2     | 3     | 4     | 5     | 6     |
|------------|-------|-------|-------|-------|-------|-------|
| E.Nilsson  | 27,69 | 27,27 | 26,28 | X     | 26,22 | -     |
| M.Eriksson | 30,76 | 29,03 | 28,16 | 31,72 | X     | 28,41 |
| S.Flink    | 54,41 | 52,57 | 54,41 | 52,48 | 52,59 | 53,79 |
| M.Olsson   | 37,69 | X     | X     | 35,43 | 36,11 | 37,03 |
| F.Lindberg | 36,04 | 32,45 | 32,96 | 30,87 | -     | -     |
| L.Linde    | 39,43 | 36,57 | 39,62 | -     | -     | -     |

**K 4 x 100m****Final**

14 maj

|               |   |          |
|---------------|---|----------|
| 1 Täby IS     | Lovisa Linde -98<br>Linnéa Frobe -98<br>Frida Hogstrand -93<br>Maria Södergren -98                | 47.87    |
| 2 Hammarby IF | Stina Gustavsson -01<br>Victoria Almerén Hansson -99<br>Emma Turesson -91<br>Felicia Lindberg -97 | 49.35    |
| 3 Gefle IF    | Malin Andersson -97<br>Vilma Åkerman -99<br>Emma Gällstedt -96<br>Louise Andersson -99            | 49.39    |
| 4 KFUM Örebro | Anna Westhen -97<br>Ebba Löfholm -00<br>Ingvid Holmqvist -00<br>Hanna Säfström -00                | 53.12    |
| - IFK Lidingö |   | ej start |
| - Västerås FK |   | ej start |

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